

Rauform Healthy Habits Challenge

Are you ready to take your fitness journey to the next level? Join our exciting 6-week challenge and start building healthier habits today!

Here's how it works:

1. Weekly Challenge Cards

Each week, you'll receive a brand-new challenge card packed with specific tasks to keep you motivated and inspired. These challenges are designed to help you crush your fitness goals while having fun along the way!

2. Earn Entries for Weekly Prizes

Every challenger will automatically receive 1 entry into the weekly prize draw. Complete your entire challenge card to earn 5 bonus entries, increasing your chances of winning!

3. Weekly Prize Draws

At the end of each week, we'll hold a prize draw and announce the lucky winner. The more tasks you complete, the better your odds of taking home the prize! Stay focused, challenge yourself, and enjoy the journey toward a healthier, stronger you. Are you ready to rise to the challenge? Let's go!

Weekly prizes

Week 1 = \$20 Coffee voucher

Week 3 = \$100 Yolk voucher

Week 5 = \$260 12 class pack

Week 2 = \$50 Movie voucher

Week 4 = \$150 Spa voucher

Week 6 = \$500 24 Class pack

Everyone receives a Challenge T shirt at completion, 3 FREE classes, Drink bottle, fitness journal

